

## School Counseling Core Curriculum Action Plan

**Name:** Courtney Lloyd, Los Penasquitos Elementary School school counseling trainee

**Goal:** To support students in identifying their personal strengths in order to begin thinking about possible career plans

### Lessons and Activities Related to Goal:

Lesson Topic	Career Exploration: Discovering Our Strengths
Grade Level	5
Projected Start/End	Week of 11/7/2016
Estimated Time of Lesson	45 minutes
Lesson Will Be Presented in Which Class/Subject	During pre-determined weekly school counselor lesson
ASCA Mindsets & Beliefs	<ul style="list-style-type: none"> <li>● M 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes</li> <li>● B-LS 7: Identify long- and short-term academic, career and social/emotional goals</li> </ul>
Curriculum and Materials	<ul style="list-style-type: none"> <li>● Counselor-generated lesson</li> <li>● Counselor-generated presentation slides</li> <li>● “Color Activity” quiz handouts</li> <li>● “Color Activity” results packets</li> </ul>
Process Data: Projected number of students affected	90 5th grade students
Perception Data: Learning objectives to be measured	<p>Attitudes:</p> <ul style="list-style-type: none"> <li>● Students believe they have strengths that make them unique.</li> <li>● Students believe that it is important to identify their strengths.</li> <li>● Students believe that it is important to consider their strengths when thinking about possible careers.</li> <li>● Students believe that it is important to start thinking about their career plans in 5th grade.</li> </ul> <p>Knowledge:</p> <ul style="list-style-type: none"> <li>● SWBAT define strength as “something that a person is good at or a good quality that a person</li> </ul>

	<p>has”.</p> <ul style="list-style-type: none"> <li>● SWBAT define a career as “a profession requiring special training or education that a person does for a long time”.</li> </ul> <p>Skills:</p> <ul style="list-style-type: none"> <li>● SWBAT name two or more personal strengths.</li> <li>● SWBAT complete a strengths inventory.</li> <li>● SWBAT use their strengths and interests to identify at least one new career option that they may be interested in.</li> </ul>
<p>Outcome Data: Achievement, attendance, and/or behavior data to be collected</p>	<p>Achievement:</p> <ul style="list-style-type: none"> <li>● # of students who met or exceeded standards on the CAASSP (Smarter Balanced) exam</li> </ul> <p>Achievement-Related:</p> <ul style="list-style-type: none"> <li>● # of students who sign up for advanced 6th grade classes</li> </ul>